

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

November 2023

Memory Care

			<p>10:00 Morning Walk 10:30 Word Search 11:30 Exercise with Kayla 1:00 Afternoon Rest 2:00 Music with Melissa 3:15 Easy Detective 4:15 Healthy Habits 7:00 Comedy Hour</p>	<p>10:00 Morning Stretch 10:30 Baking with Staff 11:00 Taste what you Bake 1:00 Afternoon Rest 2:00 Bingo 3:15 Nail Care 4:15 Happy Hour 7:00 Music Hour</p>	<p>10:00 Current Events 10:45 Chair Yoga 11:45 Hydration/ Morning Reflection 1:00 Afternoon Rest 2:00 Finish Phrase 3:15 Music w / Wayne 4:15 Watering Flowers 7:00 Movie Night</p>	<p>10:00 Exercise 10:30 Adult Coloring 11:00 Daily Chronicles 1:00 Afternoon Rest 2:00 Music with Kelly 3:15 Leisure Time 4:15 Trivia 7:00 IN2L</p>
<p>10:00 Exercise 10:30 Hymn Sing/Reading 11:30 Daily Chronicle 1:00 Afternoon Rest 1:00 Ravens vs. Seahawks 2:00 Word in a Word 3:15 Leisure Service 4:15 Watering the Flowers 7:00 Nail Care</p>	<p>10:00 Bowling 10:30 Monthly Gazette 11:30 Exercise with Bob 1:00 Afternoon Rest 2:00 Scenic Ride 3:15 Word in a Word 4:15 What Year was It? 7:00 Nature Video</p>	<p>10:00 Morning Walk/Stretch 10:30 Coffee and Chat 11:00 Art with Theresa 1:00 Afternoon Rest 2:00 Catholic Mass 2:00 Table Volleyball 3:15 Travelogue Greece 4:15 Watering Flowers 7:00 Broadway Shows</p>	<p>10:00 Morning Walk 10:30 Word Swipe 11:30 Exercise with Kayla 12:00 Church of Redeemer 1:00 Afternoon Rest 2:00 IN2L 3:15 Sing A Long 4:15 You Be the Judge 7:00 Comedy Hour</p>	<p>10:00 Morning Stretch 10:30 Baking with Staff 11:00 Sharing Recipes/Taste What you Bake 1:00 Afternoon Rest 2:00 Music with Laura 3:15 Nail Care 4:15 Happy Hour 7:00 Music Hour</p>	<p>10:00 Current Events 10:45 Chair Yoga 11:45 Hydration/ Morning Reflection 1:00 Afternoon Rest 2:00 Word Scramble 3:15 Music w/ Rayon 4:15 Watering Flowers 7:00 Movie Night</p>	<p>10:00 Exercise 10:30 Daily Chronicles 11:15 Art with David 1:00 Afternoon Rest 2:00 Horseshoe 3:15 Leisure Time 4:15 Ball Toss 7:00 IN2L</p> <p style="text-align: right;"><small>Veterans Day Remembrance Day (Canada)</small></p>
<p>10:00 Exercise 10:30 Hymn Sing/Reading 11:30 Daily Chronicle 1:00 Afternoon Rest 1:00 Ravens vs. Browns 2:00 Jenga 3:15 Leisure Service 4:15 Watering the Flowers 7:00 Nail Care</p> <p style="text-align: right;"><small>Diwali (Hindi)</small></p>	<p>10:00 Crafters Corners 10:30 Recycling Then and Now 11:30 Exercise with Bob 1:00 Afternoon Rest 2:00 Music with Josh 3:15 November Word Game 4:15 Sing Along 7:00 Nature Video</p>	<p>10:00 Morning Walk/Stretch 10:30 Coffee and Chat 11:00 Journaling 1:00 Afternoon Rest 2:00 Ring Toss 3:15 Travelogue Spain 4:15 Watering the Flowers 7:00 Broadway Shows</p>	<p>10:00 Morning Walk 10:30 Wordle 11:30 Exercise with Kayla 1:00 Afternoon Rest 2:00 Drama with Anita 3:15 Monthly Birthday Celebration – ALL 4:15 Trivia 7:00 Comedy Hour</p>	<p>10:00 Morning Stretch 10:30 Baking with Staff 11:15 Great Invention 1:00 Afternoon Rest 2:00 Bingo 3:15 Nail Care 4:15 Happy Hour 7:00 Music Hour 8:15 Ravens vs. Bangles</p>	<p>10:00 Current Events 10:45 Chair Yoga 11:15 Resident Council Meeting – ALL 1:00 Afternoon Rest 2:00 Word in a Word 3:15 Music w/ John 4:15 Watering Flowers 7:00 Movie Night</p>	<p>10:00 Exercise 10:30 Snacks and Chats 11:00 Daily Chronicles 1:00 Afternoon Rest 2:00 Parachute Game 3:15 Leisure Time 4:15 Jigsaw Puzzle 7:00 IN2L</p>
<p>10:00 Exercise 10:30 Hymn Sing/Reading 11:30 Daily Chronicle 1:00 Afternoon Rest 2:00 Sorting Jewelry 3:15 Leisure Service 4:15 Watering the Flowers 7:00 Nail Care</p>	<p>10:00 Ball Toss 10:30 Turkey Scavenger Hunt 11:30 Exercise with Bob 1:00 Afternoon Rest 2:00 Scenic Ride 3:15 Person, Place or Thing? 4:15 Reminiscing 7:00 Nature Video</p>	<p>10:00 Morning Walk/Stretch 10:30 Coffee and Chat 11:00 Art with Theresa 1:00 Afternoon Rest 2:00 Bowling 3:15 Travelogue Egypt 4:15 Watering the Flowers 7:00 Broadway Shows</p>	<p>10:00 Morning Walk 10:30 Word in a Word 11:30 Exercise with Kayla 1:00 Afternoon Rest 2:00 IN2L 3:15 Name/Sing that Tune 4:15 Jigsaw Puzzles 7:00 Comedy Hour</p>	<p>10:00 Thanksgiving Parade 10:30 Exercise 11:00 Daily Chronicle 1:00 Afternoon Rest 2:00 Bingo 3:15 Crossword 4:15 Happy Hour 7:00 Music Hour</p>	<p>10:00 Current Events 10:45 Chair Yoga 11:45 Hydration/ Morning Reflection 1:00 Afternoon Rest 2:00 Word Search 3:15 Sing -A -Long w/ Staff 4:15 Watering Flowers 7:00 Movie Night</p>	<p>10:00 Exercise 10:30 Daily Chronicles 11:00 Snacks and Chat 1:00 Afternoon Rest 2:00 Table Volleyball 3:15 Leisure Time 4:15 November Word Game 7:00 IN2L</p>
<p>10:00 Exercise 10:30 Hymn Sing/Reading 11:30 Daily Chronicle 1:00 Afternoon Rest 2:00 Word Search 3:15 Leisure Service 4:15 Watering the Flowers 7:00 Nail Care 8:20 Charges vs. Ravens</p>	<p>10:00 Crafters Corners 10:30 This Day in History 11:30 Exercise with Bob 1:00 Afternoon Rest 2:00 Scenic Ride 3:15 This Day in History 4:15 You be the Judge 7:00 Nature Video</p>	<p>10:00 Morn,-ming Walk/Stretch 10:30 Coffee and Chat 11:00 Journaling 1:00 Afternoon Rest 2:00 Music with Dave 3:15 Travelogue Arizona 4:15 Watering the Flowers 7:00 Broadway Shows</p>	<p>10:00 Morning Walk 10:30 Discussion of Leaves 11:30 Exercise with Kayla 1:00 Afternoon Rest 2:00 IN2L 3:15 Jigsaw Puzzle 4:15 Healthy Habits 7:00 Comedy Hour</p>	<p>10:00 Morning Stretch 10:30 Baking with Staff 11:00 Taste what you Bake 1:00 Afternoon Rest 2:00 Bingo 3:15 Nail Care 4:15 Happy Hour 7:00 Music Hour</p>	<p style="text-align: center;">Abbreviations</p> <p style="text-align: center;">A – Activity Room ALL – Assisted Living Lounge ALAR – Assisted Living Activity Room HWR – Homewood Room L – Lounge P – Patio Monday – Popcorn 2:00 p.m. – A</p>	