

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

November 2023

Assisted Living

<p>1:00 Seattle Seahawks vs. Baltimore Ravens – ALL 2:00 Spiritual Hour – L 3:15 One to Ones 4:15 Exercise – L</p>	<p>11:15 Inquisitive Minds – AUD 11:30 Exercise – ALAR 2:00 Scenic Ride 2:00 Popcorn Giveaway – A 3:15 National Recycling Week – ALAR 4:15 Puerto Rico Statehood Anniversary – ALAR 7:30 Movie – MT</p>	<p>9:30 Book Mobile – Curb 11:30 Exercise – ALAR 2:00 Catholic Mass – HWR 3:15 Gin Rummy – ALAR 4:15 You be The Judge – ALAR 6:30 Movie – L</p>	<p>11:00 Coffee/Chat – ALAR 11:30 Exercise – ALAR 2:00 20 Questions – ALAR 3:15 November Know It All – ALAR 4:15 Travelogue: Greenland – ALAR 5:30 Piano with Neil Frederick – ALL</p>	<p>11:30 Exercise – ALAR 2:00 Comedy Hour – ALAR 3:15 Nail Care – ALAR 4:15 Happy Hour – ALAR</p>	<p>11:15 Inquisitive Minds – AUD 11:30 Chair Yoga – ALAR 2:00 Flower Arranging – ALAR 3:15 Entertainment with Wayne Kern – ALL 4:15 Gin Rummy – ALAR</p>	<p>2:00 Baking with Julie – A 3:15 Exercise – L 4:15 IN2L Games – L</p>
<p>10:00 Exercise – L 11:15 Hymn Sing & Reading – L 1:00 Cleveland Browns vs. Baltimore Ravens – ALL 2:00 Bingo – L 3:15 One to Ones 4:15 You be the Judge – L <small>Diwali (Hindi)</small></p>	<p>11:15 Inquisitive Minds – AUD 11:30 Exercise – ALAR 2:00 Scenic Ride 2:00 Popcorn Giveaway – A 3:15 Thanksgiving Must Haves – ALAR 4:15 Acts of Kindness Activity – ALAR 7:30 Movie – MT</p>	<p>11:30 Exercise – ALAR 2:00 Crossword Puzzles – ALAR 3:15 Gin Rummy – ALAR 4:15 Fall Trivia – ALAR 6:30 Movie – L</p>	<p>11:00 Coffee/Chat – ALAR 11:30 Exercise – ALAR 2:00 Drama with Anita – ALL 3:15 Monthly Birthday Celebration – ALL 4:15 Travelogue: Ireland – ALAR 5:30 Piano with Neil Frederick – ALL</p>	<p>11:30 Exercise – ALAR 2:00 Comedy Hour – ALAR 3:15 Nail Care – ALAR 4:15 Happy Hour – ALAR</p>	<p>11:15 Inquisitive Minds – AUD 11:15 Resident Council – L 11:30 Chair Yoga – ALAR 2:00 Flower Arranging – ALAR 3:15 Entertainment with John Oliver – ALL 4:15 Gin Rummy – ALAR</p>	<p>10:00 Exercise – L 11:15 Daily Chronicle – L 2:00 Art with David – A 3:15 Veteran's Day Discussion – L 4:15 Pictionary – L <small>Veterans Day Remembrance Day (Canada)</small></p>
<p>2:00 Spiritual Hour – L 3:15 One to Ones 4:15 Exercise – L</p>	<p>11:15 Great Inventions w/ Mr. Lyall – ALL 2:00 Scenic Ride 2:00 Popcorn Giveaway – A 3:15 What to Know About The Ravens – ALAR 4:15 Memorabilia Monday – ALAR 7:30 Movie – MT</p>	<p>11:30 Exercise – ALAR 2:00 Greeting Card Creations – ALAR 3:15 Gin Rummy – ALAR 4:15 The World's First Hot Air Balloon – ALAR 6:30 Movie – L</p>	<p>11:00 Coffee/Chat – ALAR 11:30 Exercise – ALAR 2:00 Fall Baking – ALAR 3:15 Wacky Wordies – ALAR 4:15 Travelogue: Finland – ALAR 5:30 Piano with Neil Frederick – ALL</p>	<p>10:00 Exercise – L 11:15 Turkey Traditions – L 2:00 Movie – L <small>Thanksgiving Day (US)</small></p>	<p>11:15 Inquisitive Minds – AUD 11:30 Chair Yoga – ALAR 2:00 Flower Arranging – ALAR 3:15 Sing Along with Staff – ALL 4:15 Gin Rummy – ALAR</p>	<p>10:00 Exercise – L 11:15 Daily Chronicle – L 2:00 Native American Heritage Discussion – L 3:15 Pie Baking/Tasting – A 4:15 Crossword Puzzle – L</p>
<p>10:00 Exercise – L 11:15 Hymn Sing & Reading – L 2:00 This or That – A 3:15 One to Ones 4:15 Nostalgic Trivia – L 8:20 LA Chargers vs. Baltimore Ravens – ALL</p>	<p>11:15 Inquisitive Minds – AUD 11:30 Exercise – ALAR 2:00 Scenic Ride 2:00 Popcorn Giveaway – A 3:15 Mindfulness Meditation – ALAR 4:15 Cyber Monday – ALAR 7:30 Movie – MT</p>	<p>11:30 Exercise – ALAR 2:00 Jigsaw Puzzles – ALAR 3:15 Gin Rummy – ALAR 4:15 Benefits of Hula Hooping – ALAR 6:30 Movie – L</p>	<p>11:00 Coffee/Chat – ALAR 11:30 Exercise – ALAR 2:00 How to Square Dance – ALAR 3:15 Men's Health Month Meeting – ALAR 4:15 Travelogue: Poland – ALAR 5:30 Piano with Neil Frederick – ALL</p>	<p>11:30 Exercise – ALAR 2:00 Comedy Hour – ALAR 3:15 Nail Care – ALAR 4:15 Happy Hour – ALAR</p>	<p>A – Activity Room ALL – Assisted Living Lounge ALAR – Assisted Living Activity Room AUD – Auditorium HWR – Homewood Room L – Lounge MT – Movie Theatre</p>	

Calendar is subject to change based on residents' preferences.

Swimming offered Tues/Thurs at 1:00 PM. (See Donna)