

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
 <h1>OCTOBER 2024</h1> <h2>Memory Care</h2>		9:30 Baking Cookies 1 10:00 – 12:00 Golf Cart 11:00 R & R 1:00 Afternoon Rest 2:00 Movie: My Big Fat Greek Wedding 4:15 Word in a Word 7:00 Wheel of Fortune	10:00 Fall Decorating 2 10:30 R & R 11:30 Exercise w/Kayla 1:00 Afternoon Rest 2:00 Music w/Melissa 3:15 IN2L/Junk Drawer Detective 4:15 This Day in History 7:00 Movie Night <small>Rosh Hashanah Begins</small>	10:00 Morning Stretch 3 10:30 Baking with Staff 11:00 Taste what you Bake 1:00 Afternoon Rest 2:00 Bingo 3:15 Nail Care 4:15 Happy Hour 7:00 Comedy Hour	10:00 Current Events 4 10:45 Chair Yoga 11:30 Morning Reflections 1:00 Afternoon Rest 2:00 Catholic Mass – HWR 3:15 Music w/Wayne – ALL 4:15 Trivia 7:00 Movie Night	10:00 Exercise 5 10:30 Daily Chronicles 11:30 Sorting Jewelry 1:00 Afternoon Rest 2:00 Snacks and Chat 3:15 Leisure Time 4:15 Fill in the Blank 7:00 Story Time	
	10:00 Exercise 6 10:30 Hymn Sing/Reading 11:30 Daily Chronicles 1:00 Afternoon Rest 2:00 Snacks and Chat 3:15 Leisure Time 4:15 Adult Coloring 7:00 Jigsaw Puzzles	10:00 Art with Staff 7 11:00 R & R 11:30 Exercise w/Bob 1:00 Afternoon Rest 2:00 Scenic: Ride Weber's Farm 3:15 Jigsaw Puzzle 4:15 Watering Flowers 7:00 Nature Video	9:30 Baking Cookies 8 10:00 – 12:00 Golf Cart 1:00 Afternoon Rest 2:00 Recycling Tuesday 3:15 Travelogue to Redwood National Park 4:15 Find it on the Map 7:00 Family Feud	10:00 Sewing with Staff 9 10:30 R & R 11:30 Exercise w/Kayla 12:00 Church of Redeemer – L 2:00 Finish the Phrase 3:15 IN2L/Sing Along 4:15 This Day in History 7:00 Movie Night	10:00 Morning Stretch 10 10:30 Baking with Staff 11:00 Taste what you Bake 1:00 Afternoon Rest 2:00 Bingo 3:15 Nail Care 4:15 Happy Hour 7:00 Comedy Hour	10:00 Current Events 11 10:45 Chair Yoga 11:30 Morning Reflections 1:00 Afternoon Rest 2:00 This or That 3:15 Sing Along 4:15 Past Times 7:00 Movie Night <small>Yom Kippur Begins</small>	10:00 Exercise 12 10:30 Daily Chronicles 11:15 Fluff and Fold 1:00 Afternoon Rest 2:00 Snacks and Chat 3:15 Leisure Time 4:15 Fill in the Blank 7:00 Story Time
	10:00 Exercise 13 10:30 Hymn Sing/Reading 11:30 Daily Chronicles 1:00 Afternoon Rest 2:00 Snacks and Chat 3:15 Leisure Time 4:15 Adult Coloring 7:00 Jigsaw Puzzles	10:00 Crafts with Staff 14 11:00 R & R 11:30 Exercise w/Bob 1:00 Afternoon Rest 2:00 Music w/Josh 3:15 Jigsaw Puzzle 4:15 Watering Flowers 7:00 Nature Video <small>Thanksgiving Day (Canada) Indigenous Peoples' Day Columbus Day (US)</small>	9:30 Baking Cookies 15 10:00 Daily Walk/Stretch 10:30 Fluff and Fold 11:00 R & R 1:00 Afternoon Rest 2:00 Healthy Habits 3:15 Travelogue to Greece 4:15 Find it on the Map 7:00 Matching Game	10:00 Sewing with Staff 16 10:30 R & R 11:30 Exercise w/Kayla 1:00 Afternoon Rest 2:00 Drama with Anita 3:15 Monthly Birthday Celebration – ALL 4:15 This Day in History 7:00 Movie Night <small>Sukkot Begins</small>	10:00 Morning Stretch 17 10:30 Baking with Staff 11:00 Taste what you Bake 1:00 Afternoon Rest 2:00 Bingo 3:15 Nail Care 4:15 Happy Hour 7:00 Comedy Hour	10:00 Current Events 18 10:45 Chair Yoga 11:30 Morning Reflections 1:00 Afternoon Rest 2:00 Sample This – ALL 3:15 Music w/John – ALL 4:15 Trivia 7:00 Movie Night	10:00 Exercise 19 10:30 Daily Chronicles 11:30 Sorting Jewelry 1:00 Afternoon Rest 2:00 Snacks and Chat 3:15 Leisure Time 4:15 Fill in the Blank 7:00 Story Time
	10:00 Exercise 20 10:30 Hymn Sing/Reading 11:30 Daily Chronicles 1:00 Afternoon Rest 2:00 Snacks and Chat 3:15 Leisure Time 4:15 Adult Coloring 7:00 Jigsaw Puzzles	10:00 Art with Staff 21 11:00 R & R 11:30 Exercise w/Bob 1:00 Afternoon Rest 2:00 Scenic Ride 3:15 Jigsaw Puzzle 4:15 Watering Flowers 7:00 Nature Video	9:30 Baking Cookies 22 10:00 Daily Walk/Stretch 10:30 Sorting Cards 11:00 R & R 1:00 Afternoon Rest 2:00 Music with Dave 3:15 Travelogue to Italy 4:15 Find it on the Map 7:00 Jeopardy	10:00 Sewing with Staff 23 10:30 R & R 11:30 Exercise w/Kayla 1:00 Afternoon Rest 2:00 Jigsaw Puzzles 3:15 IN2L/Wordle 4:15 This Day in History 7:00 Movie Night	10:00 Morning Stretch 24 10:30 Baking with Staff 11:15 Great Inventions 1:00 Afternoon Rest 2:00 Harpist w/Laura 3:15 Nail Care 4:15 Happy Hour 7:00 Comedy Hour <small>Simchat Torah Begins</small>	10:00 Current Events 25 10:45 Chair Yoga 11:30 Morning Reflections 1:00 Afternoon Rest 2:00 Halloween Trivia/Popcorn – ALL 3:15 Music w/Rayon – ALL 4:15 Past Times 7:00 Movie Night	10:00 Exercise 26 10:30 Daily Chronicles 11:30 Sorting Jewelry 1:00 Afternoon Rest 2:00 Music with Kelly 3:15 Leisure Time 4:15 Fill in the Blank 7:00 Story Time
	10:00 Exercise 27 10:30 Hymn Sing/Reading 11:30 Daily Chronicles 1:00 Afternoon Rest 2:00 Snacks and Chat 3:15 Leisure Time 4:15 Adult Coloring 7:00 Jigsaw Puzzles	10:00 Crafts with Staff 28 11:00 R & R 11:30 Exercise w/Bob 1:00 Afternoon Rest 2:00 Scenic Ride 3:15 Halloween Decorating 4:15 Watering Flowers 7:00 Nature Video	9:30 Baking Cookies 29 10:00 Daily Walk/Stretch 10:30 Sorting Paper by Color 11:00 R & R 1:00 Afternoon Rest 2:00 Recycling Tuesday 3:15 Travelogue to Maine 4:15 Find it on the Map 7:00 Wheel of Fortune	10:00 Sewing with Staff 30 10:30 R & R 11:30 Exercise w/Kayla 1:00 Afternoon Rest 2:00 Music w/Michael – ALL 3:15 IN2L/Trivia 4:15 This Day in History 7:00 Movie Night	10:00 Morning Stretch 31 10:30 Baking with Staff 11:00 Taste what you Bake 1:00 Afternoon Rest 2:00 Halloween Trivia 3:15 Halloween Resident/Staff Social – ALL 7:00 Comedy Hour <small>Halloween</small>	<div style="background-color: #800080; color: white; padding: 10px;"> <h3>Abbreviation</h3> <p> ALL – Assisted Living Lounge ALAR – Assisted Living Activity Room L – Lounge P – Patio GES – Gym Exercise Room HWR – Homewood Room AUD – Auditorium </p>  </div>	

This calendar is subject to change upon residents' request.

Wed. – Spa Day 10:00 a.m.

Swimming offered M – W – F 2:00 p.m.

