

MARCH 2025

In Person Activity Calendar



- AL-Assisted Living Lounge GC-Gazebo Courtyard RP-The Ridge Pub
- AUD-Auditorium GES-Group Exercise Studio RO-Rotunda
- CC-Croquet Court GR-Game Room RAR-Resident Activities Room
- CG-Chestnut Green HWR-Homewood Room RHS-Residential Health Services
- CH-Carriage House HR-Hopkins Room SR-Seminar Room
- CR-Conference Room LIB-Library SS-Salon & Spa "Julzel"
- CS-The Corner Shop LOB-Lobby TB-Terrace Bistro
- FC-Fountain Courtyard MT-Movie Theater TC-The Chesapeake
- FS-Fitness Studio PG-Putting Green TS-Therapy Suite



Welcome to Our Newest Residents!

Pro-Bright Teeth Whitening
Friday, March 14
9:00 – 3:30/HWR
Red Binder Sign Up Appointments

Saturday

1 Menu Day 7
 1:00 Rummikub/RO
 7:30 Bingo/RO
Sign up for Sunday Worship Shuttle Bulletin Board

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>2 Brunch Menu 9:30 & 10:15 Worship Shuttle/TRIP 11:00 – 2:00 Brunch/TC & RP Residents Only Reservations Required TR OPEN for Breakfast 2:00 Movie: Nickel Boys/MT 2:45 Community Concert Second Presbyterian/TRIP 3:00 Bass & Sax Duo/AL</p>	<p>3 Menu Day 9 9:00 Body Blast, Weights/GES 9:30 Graul's/TRIP 10:00 Better Balance/GES 10:30 Eddie's/TRIP 10:35 Seated Strong & Fit/GES 11:15 IM: What Darwin Didn't Know: Modern Evolution/MT 2:00 Spintopia Game/MT 3:30 Chess/RO 4:00 4th Floor Party/Carroll 7:30 Movie: Nickel Boys/MT</p>	<p>4 MARDI GRAS Menu 8:30-9:30 Shrove Tuesday Pancake Breakfast/AUD 9:00 Total Body/GES 9:30 Bookmobile/Front Curb 9:30 Tai Chi - Katsumi/GES 10:00 Water Aerobics/POOL 10:15 Chair Yoga – Mary/GES 11:00 CG Card Making/HWR 11:15 IM: Middle East/MT 1:00 Mah Jongg/HWR 1:30 Billiards/GR 1:30 Healthy Heart/GES 3:00 Chorus/GES 3:30 Stitch & Chat/HR</p>	<p>5 Menu Day 11 9:00 Body Blast, Balance/GES 10:00 Healthy Heart/GES 10:30 Ash Wednesday Service Redeemer/AL 10:35 Flexibility 15/GES 10:50 Mindfulness+ Breathwork/GES 11:15 Center Stage/TRIP 2:00 Catholic Mass/MT 2:00 Shuffleboard/GR</p>	<p>6 Menu Day 12 9:00 Body Align/GES 9:00 National Museum American Indian/TRIP 9:35 Floor & Core/GES 10:00 Water Aerobics/POOL 10:15 Chair Yoga - Robin/GES 11:15 Post Impressionism/MT 11:30 Men's Only Muscle/GES 1:00 Canasta/HR 1:00 Men's Gin Rummy/HWR 1:30 Billiards/GR 2:00 Nutrition Talk/SR 2:00 Habitat Conservation/MT 3:00 Agility, Balance,Core/GES</p>	<p>7 Menu Day 13 9:00 Body Blast & Bands/GES 9:30 Graul's/TRIP 10:00 Better Balance/GES 10:00 Multi-Media Art/CH 10:30 Giant/TRIP 10:35 S.E.A.T.Fitness/GES 11:15 IM – Amazing Music/MT 1:00 Errands Towson/TRIP 1:30 Strength Stations/GES 2:00 Lecture: Van Gogh/MT 2:00 Wii Bowling/SR 4:00 French Wine Course/RO 7:00 BSO Classical L/TRIP 7:30 IM - Amazing Music/MT</p>	<p>8 Menu Day 14 1:00 Rummikub/RO Sign up for Sunday Worship Shuttle Bulletin Board</p>
<p>9 Menu Day 15 9:30 & 10:15 Worship Shuttle/TRIP 1:00 Vagabond Players Theater/TRIP 2:00 Movie: The Brutalist/MT 4:30 Shriver Hall Concert Series/TRIP 7:00 Vespers with Father Tim Brown/AUD</p>	<p>10 Menu Day 16 9:00 Body Blast, Weights/GES 9:30 Graul's/TRIP 10:00 Better Balance/GES 10:30 Shop Rite/TRIP 10:35 Seated Strong & Fit/GES 11:15 IM: What Darwin Didn't Know: Modern Evolution/MT 2:00 Spintopia Game/MT 3:30 Chess/RO 4:00 3rd Floor Party/Carroll 7:30 Movie: The Brutalist/MT</p>	<p>11 Menu Day 17 9:00 Total Body/GES 9:30 Tai Chi - Katsumi/GES 10:00 Water Aerobics/POOL 10:00 BP Screening/HWR 10:15 Chair Yoga – Mary/GES 11:15 IM: Middle East/MT 1:00 Mah Jongg/HWR 1:30 Billiards/GR 1:30 Healthy Heart/GES 3:00 Chorus/GES 3:30 Stitch & Chat/HR</p>	<p>12 Menu Day 18 9:00 Body Blast, Balance/GES 10:00 Healthy Heart/GES 10:30 The Gathering/HR 10:35 Flexibility 15/GES 10:50 Mindfulness/Breathwork/GES 12:00 Redeemer Service/CG 12:15 Lunch: Kooper's/TRIP 1:30 Drop-in Tech Help with Dwayne/HWR 7:30 Enrichment: Coots & Dickie, Jazz & Boogie Woogie Piano/AUD</p>	<p>13 Menu Day 19 9:00 Body Align/GES 9:35 Floor & Core/GES 10:00 Water Aerobics/POOL 10:15 Chair Yoga - Robin/GES 11:15 Post Impressionism/MT 11:30 Men's Only Muscle/GES 1:00 Canasta/HR 1:00 Men's Gin Rummy/HWR 1:30 Billiards/GR 2:00 Down to Earth: Regenerative Agriculture/MT 3:00 Agility, Balance,Core/GES</p>	<p>14 Menu Day 20 9:00 – 3:30 ProBright Teeth Whitening/HWR 9:00 Body Blast & Bands/GES 9:30 Graul's/TRIP 10:00 Better Balance/GES 10:00 Multi-Media Art/CH 10:30 Giant/TRIP 10:35 S.E.A.T.Fitness/GES 11:15 IM - Amazing Music/MT 1:00 Errands North/TRIP 1:30 Strength Stations/GES 2:00 Virtual Lecture: Venice/MT 7:30 IM - Amazing Music/MT</p>	<p>15 Menu Day 21 12:00 Met Opera/TRIP 1:00 Rummikub/RO Sign up for Sunday Worship Shuttle Bulletin Board</p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>16 Menu Day 22</p> <p>9:30 & 10:15 Worship Shuttle/TRIP</p> <p>2:00 Movie: Baby Girl/MT</p> <p>2:45 Community Concert Second Presbyterian/TRIP</p>	<p>17 Special Menu St. Patrick's Day</p> <p>9:00 Body Blast, Weights/GES</p> <p>9:30 Graul's/TRIP</p> <p>10:00 Better Balance/GES</p> <p>10:30 Eddie's/TRIP</p> <p>10:35 Seated Strong & Fit/GES</p> <p>11:15 IM: Modern Evolution/MT</p> <p>12:00 Sandwich Making/SR</p> <p>2:00 Spintopia Game/MT</p> <p>3:30 Chess/RO</p> <p>3:00 Shamrock Shakes/RO</p> <p>3:30 St. Patrick's Sing-Along With Greg Lupton/RO</p> <p>7:30 Movie: Baby Girl/MT</p>	<p>18 Menu Day 24</p> <p>9:00 Total Body/GES</p> <p>9:30 Tai Chi - Katsumi/GES</p> <p>10:00 Water Aerobics/POOL</p> <p>10:15 Chair Yoga - Mary/GES</p> <p>11:15 IM: Middle East/MT</p> <p>1:00 Mah Jongg/HWR</p> <p>1:30 Billiards/GR</p> <p>1:30 Healthy Heart/GES</p> <p>3:00 Chorus/GES</p> <p>3:00 Sing Into Spring Name That Tune/MT</p> <p>3:30 Stitch & Chat/HR</p> <p>7:00 Speakers Series/TRIP</p>	<p>19 Menu Day 25</p> <p>9:00 Body Blast, Balance/GES</p> <p>10:00 Healthy Heart/GES</p> <p>10:35 Flexibility 15/GES</p> <p>10:50 Mindfulness+ Breathwork/GES</p> <p>2:00 Seven Dimensions of Balance/GES</p> <p>2:00 Shuffleboard/GR</p> <p>3:00 Spring Training Wiffle Ball/POOL Deck</p> <p>7:30 Enrichment: Gerry Brewster's Book Review Self-Destruction/AUD</p>	<p>20 Menu Day 26</p> <p>9:00 Body Align/GES</p> <p>9:35 Floor & Core/GES</p> <p>10:00 Water Aerobics/POOL</p> <p>10:15 Chair Yoga - Robin/GES</p> <p>11:15 Post Impressionism/MT</p> <p>11:30 Men's Only Muscle/GES</p> <p>12:30 Yale Baker's Dozen/AUD</p> <p>1:00 Canasta/HR</p> <p>1:00 GS Cybersecurity/MT</p> <p>1:00 Men's Gin Rummy/HWR</p> <p>2:00 Great Barrier Reef /MT</p> <p>2:30 GS Cybersecurity/MT</p> <p>3:00 Herb Planting & Tea/RO</p> <p>3:00 Agility, Balance,Core/GES</p>	<p>21 Menu Day 27</p> <p>9:00 Body Blast & Bands/GES</p> <p>9:30 Graul's/TRIP</p> <p>10:00 Better Balance/GES</p> <p>10:00 Multi-Media Art/CH</p> <p>10:30 Giant/TRIP</p> <p>10:35 S.E.A.T.Fitness/GES</p> <p>11:15 IM - Amazing Music/MT</p> <p>1:00 Errands Towson/TRIP</p> <p>1:30 Strength Stations/GES</p> <p>2:00 Acupuncture Education/SR</p> <p>2:00 Lecture: Victorian/MT</p> <p>No Wii Bowling</p> <p>3:00 Shenanigans Games/GES</p> <p>7:30 Loyola Blakefield H.S. Art Exhibit Reception/RO</p>	<p>22 Menu Day 28</p> <p>1:00 Rummikub/RO</p> <p>Sign up for Sunday Worship Shuttle Bulletin Board</p>
<p>23 Menu Day 22</p> <p>9:30 & 10:15 Worship Shuttle/TRIP</p> <p>2:00 Movie: September 5/MT</p> <p>4:30 Shriver Hall Concert Series/TRIP</p>	<p>24 Menu Day 23</p> <p>9:00 Body Blast, Weights/GES</p> <p>9:30 Graul's/TRIP</p> <p>10:00 Better Balance/GES</p> <p>10:30 Trader Joe's/TRIP</p> <p>10:35 Seated Strong & Fit/GES</p> <p>11:15 IM: What Darwin Didn't Know: Modern Evolution/MT</p> <p>2:00 Spintopia Game/MT</p> <p>3:30 Chess/RO</p> <p>4:00 2nd & 1st Floors Party/ Carroll 2nd Floor Lounge</p> <p>7:30 Movie: September 5/MT</p>	<p>25 Menu Day 24</p> <p>National Maryland Day</p> <p>9:00 Total Body/GES</p> <p>9:30 Tai Chi - Katsumi/GES</p> <p>10:00 Water Aerobics/POOL</p> <p>10:00 BP Screening/HWR</p> <p>10:15 Chair Yoga - Mary/GES</p> <p>10:30 Garrett-Jacob Mansion & Mt. Vernon Market/TRIP</p> <p>11:15 Constitutional Issues/MT</p> <p>1:00 Mah Jongg/HWR</p> <p>1:30 Billiards/GR</p> <p>1:30 Healthy Heart/GES</p> <p>3:00 Chorus/GES</p> <p>3:30 Stitch & Chat/HR</p>	<p>26 Menu Day 25</p> <p>9:00 Body Blast, Balance/GES</p> <p>10:00 Healthy Heart/GES</p> <p>10:35 Flexibility 15/GES</p> <p>10:50 Mindfulness+ Breathwork/GES</p> <p>1:00 Chestnut Green Tour with Phyllis/CG</p> <p>1:30 Drop-in: Tech Help with Dwayne/HWR</p> <p>2:00 Seven Dimensions of Balance/GES</p> <p>2:00 Shuffleboard/GR</p>	<p>27 Menu Day 26</p> <p>9:00 Body Align/GES</p> <p>9:30 Floor & Core/GES</p> <p>10:00 Water Aerobics/POOL</p> <p>10:15 Chair Yoga - Robin/GES</p> <p>11:15 Post Impressionism/MT</p> <p>11:30 Men's Only Muscle/GES</p> <p>1:00 Men's Gin Rummy/HWR</p> <p>1:30 Billiards/GR</p> <p>2:00 Residents' Association Meeting/AUD</p> <p>3:00 Agility, Balance,Core/GES</p> <p>3:00 Literature Group/HR</p> <p>7:30 Enrichment: Mt. Vernon Virtuosi Quartet/AUD</p>	<p>28 Menu Day 27</p> <p>9:00 Body Blast & Bands/GES</p> <p>9:30 Graul's/TRIP</p> <p>10:00 Better Balance/GES</p> <p>10:00 Multi-Media Art/CH</p> <p>10:30 Giant/TRIP</p> <p>10:35 S.E.A.T.Fitness/GES</p> <p>11:15 IM - Amazing Music/MT</p> <p>1:00 Errands North/TRIP</p> <p>1:30 Strength Stations/GES</p> <p>2:00 Virtual Lecture: London/MT</p> <p>2:00 Ladies Book Club/HR</p> <p>2:00 Wii Bowling/SR</p> <p>3:00 Men's Book Club/HWR</p> <p>7:30 IM - Amazing Music/MT</p>	<p>29 Menu Day 28</p> <p>10:00 Gentlemen's Coffee & Conversation/HWR</p> <p>1:00 Rummikub/RO</p> <p>2:00 Shriver Hall Discovery Concert/TRIP</p> <p>3:00 Alicia Cello & Michael Angelucci, Pianists/AL</p> <p>Sign up for Sunday Worship Shuttle Bulletin Board</p>
<p>30 Menu Day 1</p> <p>9:30 & 10:15 Worship Shuttle/TRIP</p> <p>2:00 Movie: Anora/M</p>	<p>31 Menu Day 2</p> <p>9:00 Body Blast, Weights/GES</p> <p>9:30 Graul's/TRIP</p> <p>10:00 Better Balance/GES</p> <p>10:30 Safeway/TRIP</p> <p>10:35 Seated Strong & Fit/GES</p> <p>11:15 IM: What Darwin Didn't Know: Modern Evolution/MT</p> <p>2:00 Spintopia Game/MT</p> <p>3:05 Red Sox Vs. Orioles Home Opener/RP</p> <p>3:30 Chess/RO</p> <p>7:30 Movie: Anora/MT</p>	 <p>St. Patrick's Day Monday, March 17</p> <p>3:00 Shamrock Shakes/RO</p> <p>3:30 Sing-Along with Greg Lupton</p>			<p>Learn More About</p>  <p>Acupuncture</p> <p>Friday, March 21</p> <p>2:00 P.M.</p> <p>Seminar Room</p>	

