Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			ch 20 XTON SQUA			10:00 Exercise110:30 Daily Chronicles111:30 Sorting Jewelry1:00 Afternoon Rest2:00 Snacks and Chat3:15 Leisure Time4:15 Fill in the Blank7:00 Story Time
10:30 Hymn Sing/ Reading	10:00 Craft with Staff311:00 R & R11:30 Exercise with Bob1:00 Afternoon Rest2:00 Scenic Ride3:15 Word in a Word4:15 Watering Flowers7:00 Nature Video		10:00 Sewing with Staff 10:30 Ash Wednesday Service – L 1:00 Afternoon Rest 2:00 Catholic Mass – MR 3:15 IN2L/Wordle 4:15 March Trivia 7:00 Carol Burnett Show	10:00 Current Events611:00 Mindful Stretching11:30 Morning Reflections1:00 Afternoon Rest2:00 Bingo3:15 Happy Hour4:15 You Be the Judge7:00 Broadway Show	10:00 Baking with Staff <b>7</b> 11:00 Taste What you Bake 11:30 Monthly Gazette 1:00 Afternoon Rest 2:00 Person, Place or Thing 3:15 Music w/John – ALL 4:15 Afternoon Walk 7:00 Movie Night	10:00 Exercise810:30 Daily Chronicles11:15 Art with David1:00 Afternoon Rest2:00 Snacks and Chat3:15 Leisure Time4:15 Fill in the Blank7:00 Story Time
10:00 Exercise910:30 Hymn Sing/ Reading11:30 Daily Chronicles1:00 Afternoon Rest2:00 Snacks and Chat3:15 Leisure Time4:15 Adult Coloring7:00 Nail Care Daylight Saving Time Begins	10:00 Art with Staff1011:00 R & R11:30 Exercise with Bob11:30 Exercise with Bob1:00 Afternoon Rest2:00 Music w/Josh3:15 Jigsaw Puzzles4:15 Watering Flowers7:00 Nature Video		11:00 R & R 11:30 Exercise with Kayla 12:00 Church of Redeemer - L 2:00 This or That 3:15 IN2L/Wordswipe 4:15 Brain Teaser 7:00 I Love Lucy	11:00 Mindful Stretching 11:30 Morning Reflections 1:00 Afternoon Rest 2:00 Bingo 3:15 Happy Hour 4:15 Can You Picture This 7:00 Broadway Show	10:00 Baking with Staff <b>14</b> 11:00 Taste What you Bake 11:30 Crossword Puzzle 1:00 Afternoon Rest 2:00 Visit the Library 3:15 Music w/Meeta – ALL 4:15 This Day in History 7:00 Movie Night	10:00 Exercise1510:30 Daily Chronicles11:30 Fluff and Fold11:30 Fluff and Fold1:00 Afternoon Rest2:00 Snacks and Chat3:15 Leisure Time4:15 Fill in the Blank7:00 Story Time
10:00 Exercise1610:30 Hymn Sing/ Reading11:30 Daily Chronicles1:00 Afternoon Rest2:00 Snacks and Chat3:15 Leisure Time4:15 Adult Coloring7:00 Nail Care	10:00 Craft with Staff <b>17</b> 11:00 R & R 11:30 Exercise with Bob 2:00 Travelogue to Ireland 3:15 St. Patrick Day Social – ALL 7:00 Nature Video		10:00 Sewing with Staff <b>19</b> 11:00 R & R 11:30 Exercise with Kayla 1:00 Afternoon Rest 2:00 Drama with Anita – ALL 3:15 Monthly Birthday Celebration – ALL 7:00 Mama's Family	10:00 Current Events2011:00 Mindful Stretching11:30 Morning Reflections1:00 Afternoon Rest2:00 Great Inventions3:15 Happy Hour4:15 Humor Page7:00 Broadway Show	10:00 Baking with Staff <b>21</b> 11:00 Taste What you Bake 11:30 Sharing Recipes 1:00 Afternoon Rest 2:00 Word Storming Game 3:15 Music w/Ken – ALL 4:15 Afternoon Walk 7:00 Movie Night	10:00 Exercise2210:30 Daily Chronicles11:30 Sorting Jewelry11:30 Sorting Jewelry1:00 Afternoon Rest2:00 Music with Kelly3:15 Leisure Time4:15 Fill in the Blank7:00 Story Time
10:30 Hymn Sing/ Reading 11:30 Daily Chronicles 1:00 Afternoon Rest 2:00 Snacks and Chat 3:15 Leisure Time 4:15 Adult Coloring 7:00 Nail Care	11:00 R & R 11:30 Exercise with Bob 1:00 Afternoon Rest 3:00 Smoothies – A 4:15 Watering Flowers 7:00 Nature Video	10:00 Morning Walk 25 10:30 Healthy Habits 11:00 R & R 11:30 Filing Paper 2:00 Music w/ Dave 3:15 Travelogue/Cambodia 4 15 Find it on the Map 7:00 Jeopardy	10:00 Sewing with Staff <b>26</b> 11:00 R & R 11:30 Exercise with Kayla 2:00 Sentimental Reflections 3:15 IN2L/Fill in the Blank 4:15 Past Times 7:00 Golden Girls	11:00 Mindful Stretching 11:30 Morning Reflections	10:00 Baking with Staff <b>28</b> 11:00 Taste What you Bake 11:30 Fill in the Blank 1:00 Afternoon Rest 2:00 Brainteaser 3:15 Music w/Smooth Groove – ALL 4:15 Easy Detective	10:00 Exercise2910:30 Daily Chronicles11:30 Fluff and Fold1:00 Afternoon Rest2:00 Snacks and Chat3:15 Leisure Time4:15 Fill in the Blank7:00 Story Time
10:30 Hymn Sing/ Reading 11:30 Daily Chronicles 1:00 Afternoon Rest 2:00 Snacks and Chat 3:15 Leisure Time 4:15 Adult Coloring 7:00 Nail Care	10:00 Craft with Staff 11:00 R & R 11:30 Exercise with Bob 1:00 Afternoon Rest 2:00 Scenic Ride 3:15 This Day in History 4:15 Watering Flowers 7:00 Nature Video ange upon residents' preference		18 1 Sa 3	Abbreviations A – Activity Room L – Assisted Living Lou L – Lounge SES – Gym Exercise Roo AUD – Auditorium MR – Movie Room	m	is offered W – E at 2:00 p.m.

This Calendar is subject to change upon residents' preferences.

Wed. – Spa Day 10:00 a.m.



Swimming is offered W – F at 2:00 p.m.