| 10:30 Hymn Sing/ Reading       11:00 Walk to the Gym       11:00 Walk to the Gym       11:00 Walk to the Gym       10:30 Baiking with Staff   | Sunday  | Monday  | Tuesday   | Wednesday  | Thursday   | Friday  | Saturday   |
|---|---|---|---|--|--|---|--|
| D:00 Exercise         510:00 Sewing with Staff         610:00 - 12:00 Golf Cart         710:00 Sewing with Staff         120 Othermone Rest         100 Attermoon Rest         200 Great Inventions         100 Attermoon Rest         200 Great Inventions         100 Attermoon Rest         200 Great Inventions         100 Attermoon Rest         200 Sewing with Staff         1100 Attermoon Rest         200 Sewing with Staff         100 Attermoon Rest         200 Attermoon Res  |   |   | 4   | <ul> <li>11:00 Walk to the Gym</li> <li>11:15 Fallston Middle<br/>School – AUD</li> <li>2:00 Music w/Melissa</li> <li>3:15 IN2L/Wordswipe</li> <li>4:15 Healthy Habits</li> <li>7:00 Comedy Hour</li> </ul>                  | 10:30 Baking with Staff<br>11:00 Taste What you Bake<br>1:00 Afternoon Rest<br>2:00 Bingo<br>3:15 Nail Care<br>4:15 Happy Hour – ALL   | <ul> <li>10:45 Chair Yoga</li> <li>11:45 Morning Reflection</li> <li>1:00 Afternoon Rest</li> <li>2:00 Conversation Cards</li> <li>3:15 Music w/John – ALL</li> <li>4:15 Past Times</li> </ul>                            | 10:30 Daily Chronicle<br>11:30 Fluff and Fold<br>1:00 Afternoon Rest<br>2:00 Snacks and Chat<br>3:15 Leisure Time<br>4:15 Fill in the Blank  |
| 10:30 Daily Chronicle       11:30 Caverides environment       11:30 Exercise environment       11:   | $\sim$  |   |   |  | 10:00 Morning Stretch  | 10:00 Current Event 10  | 10:00 Exercise <b>11</b>   |
| 10:30 Hymn Sing/ Reading       11:00 Walk to the Gym       11:00 Malk to the Gym       11:00 Walk to the Gym       10:30 Daily Chronicle       10:30 Care       10:30 Daily Chronicle       10:30 Care  | 10:30 Hymn Sing/ Reading<br>11:30 Daily Chronicle<br>1:00 Afternoon Rest<br>2:00 Word in a Word<br>3:15 Leisure Time<br>4:15 Watering Flowers<br>7:00 Jigsaw Puzzles                  | 11:00 Walk to the Gym<br><b>11:30 Gym w/Bob – GES</b><br>1:00 Afternoon Rest<br>2:00 Scenic Ride<br>3:15 Monthly Gazette<br>4:15 Word Search  | <ul> <li>1:00 Afternoon Rest</li> <li>2:00 Reminisce &amp; Engage</li> <li>2:00 Catholic Mass – HWR</li> <li>3:15 American Songbook</li> <li>By Julie – ALL</li> <li>4:15 Find it on the Map</li> </ul> | <ul> <li>11:30 Exercise w/Kayla</li> <li>12:00 Church of Redeemer-L</li> <li>1:00 Afternoon Rest</li> <li>2:00 Bowling <ul> <li>Tournament – ALL</li> <li>3:15 IN2L/Wordle</li> <li>4:15 Brainfitness</li> </ul> </li> </ul> | 10:30 Baking with Staff<br>11:00 Taste What you Bake<br>1:00 Afternoon Rest<br><b>2:00 Great Inventions</b><br>3:15 Nail Care<br>4:15 Happy Hour – ALL                             | <ul> <li>10:45 Chair Yoga</li> <li>11:45 Morning Reflection</li> <li>1:00 Afternoon Rest</li> <li>2:00 Group Uno</li> <li>3:15 Music w/Bruce – ALL</li> <li>4:15 Sort This or That</li> </ul>                             | 10:30 Daily Chronicle<br><b>11:15 Art w/David</b><br>1:00 Afternoon Rest<br>2:00 Snacks and Chat<br>3:15 Leisure Time<br>4:15 Fill in the Blank  |
| 11:30 Daily Chronicle<br>1:00 Afternoon Rest       2:00 Journaling       11:30 Exercise w/Kayla       11:00 Taste What you Bake<br>1:00 Afternoon Rest       11:16 Resident Council – L<br>1:00 Afternoon Rest       11:00 Taste What you Bake<br>1:00 Afternoon Rest       11:16 Resident Council – L<br>1:00 Afternoon Rest       11:00 Taste What you Bake<br>1:00 Afternoon Rest       11:16 Resident Council – L<br>1:00 Afternoon Rest       11:00 Taste What you Bake<br>1:00 Afternoon Rest       11:16 Resident Council – L<br>1:00 Afternoon Rest       11:00 Taste What you Bake<br>1:00 Afternoon Rest       11:16 Resident Council – L<br>1:00 Afternoon Rest       11:00 Taste What you Bake<br>1:00 Afternoon Rest       11:16 Resident Council – L<br>1:00 Afternoon Rest       11:00 Taste What you Bake<br>1:00 Afternoon Rest       11:16 Resident Council – L<br>1:00 Afternoon Rest       11:00 Taste What you Bake<br>1:00 Afternoon Rest       11:16 Resident Council – L<br>1:00 Afternoon Rest       11:00 Taste What you Bake<br>1:00 Afternoon Rest       11:16 Vaste What you Bake<br>1:00 Afternoon Rest       11:10 Waik to the Gym<br>1:00 Afternoon Rest       11:00 Vaste What<br>1:00 Afternoon Rest       21       10:00 Sewing with Staff       21       10:00 Afternoon Rest       20   |   |   |   |  |  |   |  |
| 10:30 Hymn Sing/ Reading<br>11:30 Daily Chronicle       11:00 Walk to the Gym<br>11:30 Gym w/Bob – GES<br>2:00 Healthy Habits<br>2:00 Healthy Habits<br>2:00 Scenic Ride<br>4:15 Konthly Gazette<br>4:15 Watering Flowers<br>7:00 Jigsaw Puzzles       1:00 Afternoon Rest<br>2:00 Scenic Ride<br>3:15 Monthly Gazette<br>4:15 Word Search<br>7:00 Deal or No Deal       1:00 Afternoon Rest<br>2:00 Healthy Habits<br>3:15 IN2L/Wordle<br>4:15 Recycling Wednesday<br>7:00 Comedy Hour       1:00 Afternoon Rest<br>3:15 IN2L/Wordle<br>4:15 Recycling Wednesday<br>7:00 Comedy Hour       1:00 Afternoon Rest<br>2:00 Harpist w/Laura<br>3:15 Mait Care<br>4:15 Happy Hour – ALL<br>7:00 Morining Stretch<br>1:00 Afternoon Rest<br>2:00 Morining Reflection<br>7:00 Movie Night       10:30 Baking with Staff<br>1:00 Afternoon Rest<br>2:00 Word in a Word<br>3:15 Mait Care<br>4:15 Find it on the Map<br>7:00 Nature Video       10:30 Flowers<br>3:15 IN2L/Wordle<br>4:15 Recycling Wednesday<br>7:00 Comedy Hour       10:30 Baking with Staff<br>1:00 Afternoon Rest<br>2:00 Word in a Word<br>3:15 Nait Care<br>4:15 Find Word Search<br>7:00 Movie Night       10:45 Chair Yoga<br>11:30 Flowers<br>7:00 Movie Night       10:30 Baking with Staff<br>1:00 Afternoon Rest<br>2:00 Word in a Word<br>3:15 Nait Care<br>4:15 Find it on the Map<br>7:00 Afternoon Rest<br>2:00 Music w/Dave<br>3:15 IN2L/Sing Along<br>3:15 Leisure Time<br>4:15 Watering Flowers<br>7:00 Nature Video       10:00 Afternoon Rest<br>2:00 This Day in History<br>7:00 Comedy Hour       29       10:00 Morning Stretch<br>1:00 Afternoon Rest<br>2:00 This Day in History<br>7:00 Comedy Hour       30       10:00 Current Event<br>1:00 Afternoon Rest<br>2:00 This Day in History<br>7:00 Comedy Hour       31       Abbreviation<br>1:00 Afternoon Rest<br>2:00 This Day in History<br>7:00 Comedy Hour       1:00 Afternoon Rest<br>2:00 This Day in History<br>7:00 Comedy Hour       1:00 Afternoon Rest<br>2:00 This Day in History<br>7:00 Comedy Hour       1:00 Afternoon Rest<br>2:00 This Day in History<br>7:00 C | <ul> <li>11:30 Daily Chronicle</li> <li>1:00 Afternoon Rest</li> <li>3:15 Music w/Jacques P.<br/>Cellist – ALL</li> <li>4:15 Watering Flowers</li> <li>7:00 Jigsaw Puzzles</li> </ul> | <ul> <li>11:30 Gym w/Bob – GES</li> <li>1:00 Afternoon Rest</li> <li>2:00 Music w/Josh</li> <li>3:15 Monthly Gazette</li> <li>4:15 Word Search</li> <li>7:00 Nature Video</li> </ul>  | <ul> <li>2:00 Journaling</li> <li>3:15 Travelogue to North<br/>Carolina</li> <li>4:15 Find it on the Map</li> <li>7:00 Price is Right</li> </ul>  | <ul> <li>11:30 Exercise w/Kayla</li> <li>1:00 Afternoon Rest</li> <li>2:00 Drama w/Anita – ALL</li> <li>3:15 Resident's Birthday<br/>Celebration – ALL</li> <li>4:15 Healthy Habits</li> <li>7:00 Comedy Hour</li> </ul>     | <ul> <li>11:00 Taste What you Bake</li> <li>1:00 Afternoon Rest</li> <li>2:00 Bingo</li> <li>3:15 Nail Care</li> <li>4:15 Happy Hour – ALL</li> <li>7:00 Hand Massaging</li> </ul> | <ul> <li>11:15 Resident Council – L</li> <li>1:00 Afternoon Rest</li> <li>2:00 Finish the Phrase</li> <li>3:15 Music w/Smooth<br/>Groove – ALL</li> <li>4:15 Outburst</li> <li>7:00 Movie Night</li> </ul>                | 10:30 Daily Chronicle<br>11:30 Sorting Jewelry<br>1:00 Afternoon Rest<br>2:00 Snacks and Chat<br>3:15 Leisure Time<br>4:15 Fill in the Blank<br>7:00 Story Time                          |
| 10:30 Hymn Sing/ Reading<br>11:30 Daily Chronicle<br>11:30 Gym w/Bob – GES<br>1:00 Afternoon Rest<br>2:00 Afternoon Rest<br>2:00 Sort This or This<br>3:15 Leisure Time<br>4:15 Watering Flowers<br>7:00 Jigsaw Puzzles11:00 Walk to the Gym<br>1:00 Afternoon Rest<br>2:00 Music w/Dave<br>3:15 Travelogue to<br>Washington State<br>4:15 Find it on the Map<br>7:00 Jigsaw Puzzles10:00 Afternoon Rest<br>1:00 Afternoon Re   | 10:30 Hymn Sing/ Reading<br>11:30 Daily Chronicle<br>1:00 Afternoon Rest<br>2:00 Word Search<br>3:15 Leisure Time<br>4:15 Watering Flowers  | 11:00 Walk to the Gym<br><b>11:30 Gym w/Bob – GES</b><br>1:00 Afternoon Rest<br>2:00 Scenic Ride<br>3:15 Monthly Gazette<br>4:15 Word Search<br>7:00 Nature Video   | <ul><li>1:00 Afternoon Rest</li><li>2:00 Healthy Habits</li><li>3:15 Travelogue to Georgia</li><li>4:15 Find it on the Map</li></ul>  | 11:00 Walk to the Gym<br><b>11:30 Exercise w/Kayla</b><br>1:00 Afternoon Rest<br>3:15 IN2L/Wordle<br>4:15 Recycling Wednesday  | 10:30 Baking with Staff<br>11:00 Taste What you Bake<br>1:00 Afternoon Rest<br><b>2:00 Harpist w/Laura</b><br>3:15 Nail Care<br>4:15 Happy Hour – ALL                              | <ul> <li>10:45 Chair Yoga</li> <li>11:45 Morning Reflection</li> <li>1:00 Afternoon Rest</li> <li>2:00 Word in a Word</li> <li>3:15 Music w/Joe – ALL</li> <li>4:15 May Word Search</li> </ul>                            | 10:30 Daily Chronicle<br>11:30 Fluff and Fold<br>1:00 Afternoon Rest<br><b>2:00 Music w/Kelly</b><br>3:15 Leisure Time<br>4:15 Fill in the Blank   |
| This Calendar is subject to change upon residents' preferences Wed – Spa Day 10:00 a m Swimming offered M – W – F at 2:00 p   | 10:30 Hymn Sing/ Reading<br>11:30 Daily Chronicle<br>1:00 Afternoon Rest<br>2:00 Sort This or This<br>3:15 Leisure Time<br>4:15 Watering Flowers<br>7:00 Jigsaw Puzzles               | <ul> <li>10:00 Sewing with Staff 27</li> <li>11:00 Walk to the Gym</li> <li>11:30 Gym w/Bob – GES</li> <li>1:00 Afternoon Rest</li> <li>2:00 – 3:00 Special Music by Borowski's – ALL</li> <li>4:15 Word Search</li> <li>7:00 Nature Video</li> </ul> | <ul> <li>1:00 Afternoon Rest</li> <li>2:00 Music w/Dave</li> <li>3:15 Travelogue to<br/>Washington State</li> <li>4:15 Find it on the Map</li> <li>7:00 Matching Game</li> </ul>                        | 11:00 Walk to the Gym<br><b>11:30 Exercise w/Kayla</b><br>1:00 Afternoon Rest<br>3:15 IN2L/Sing Along<br>4:15 This Day in History<br>7:00 Comedy Hour  | 10:30 Baking with Staff<br>11:00 Taste What you Bake<br>1:00 Afternoon Rest<br>2:00 Bingo<br>3:15 Nail Care<br>4:15 Happy Hour – ALL<br>7:00 Cookies on the Patio                  | <ul> <li>10:45 Chair Yoga</li> <li>11:45 Morning Reflection</li> <li>1:00 Afternoon Rest</li> <li>2:00 This Day in History</li> <li>3:15 Music w/Rayon – ALL</li> <li>4:15 Past Time</li> <li>7:00 Movie Night</li> </ul> | A – Activity<br>ALL – Assisted Living Lounge<br>ALAR – Assisted Living<br>Activity Room<br>L – Lounge<br>P – Patio<br>GES – Gym Exercise Room<br>HWR – Homewood Room<br>AUD – Auditorium |

This Calendar is subject to change upon residents' preferences

Swimming offered M – W – F at 2:00 p.m.