

January 2025 Ruxton Square (Memory Care)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>10:00 Exercise 5 10:30 Hymn Sing/Reading 11:30 Daily Chronicles 1:00 Afternoon Rest 2:00 Snacks and Chat 3:15 Leisure Time 4:15 Adult Coloring 7:00 Nail Care</p>	<p>10:00 Craft with Staff 6 11:00 R & R 11:15 Great Inventions 1:00 Afternoon Rest 2:00 Scenic Ride 3:15 Jigsaw Puzzles 4:15 Watering Flowers 7:00 Nature Video</p>	<p>10:00 – 12:00 Holiday Decoration Take Down 7 2:00 Recycling Tuesday 3:15 Travelogue to The Great Wall 4:15 Find it on the Map 7:00 Jeopardy</p>	<p>10:00 This Day in History 1 11:15 Music w/Josh – ALL 1:00 Afternoon Rest 2:00 New Years Resolutions 3:15 New Year's Day Movie 7:00 I Love Lucy</p> <p style="text-align: center;"><small>New Year's Day</small></p>	<p>10:00 Baking with Staff 2 11:00 Mindful Stretching 11:30 Taste What you Baked 1:00 Afternoon Rest 2:00 Bingo 3:15 Nail Care 4:15 Happy Hour 7:00 Broadway Shows</p>	<p>10:00 Current Events 3 10:45 Chair Stretching 11:30 Morning Reflections 1:00 Afternoon Rest 2:00 Catholic Mass – MR 3:15 Music w/John – ALL 4:15 Junk Drawer Detective 7:00 Movie Night</p>	<p>10:00 Exercise 4 10:30 Daily Chronicles 11:30 Sorting Jewelry 1:00 Afternoon Rest 2:00 Snacks and Chat 3:15 Leisure Time 4:15 Fill in the Blank 7:00 Story Time</p>
<p>10:00 Exercise 12 10:30 Hymn Sing/Reading 11:30 Daily Chronicles 1:00 Afternoon Rest 2:00 Snacks and Chat 3:15 Leisure Time 4:15 Adult Coloring 7:00 Nail Care</p>	<p>10:00 Art with Staff 13 11:00 R & R 11:30 Exercise w/Bob 1:00 Afternoon Rest 2:00 Music w/ Josh 3:15 Short Stories 4:15 Watering Flowers 7:00 Nature Video</p>	<p>10:00 Morning Walk/Stretch 14 10:30 Coffee and Chat 11:00 R & R 11:30 Famous January Birthdays 2:00 Name That Bird? 3:15 Travelogue to Beijing 4:15 Find it on the Map 7:00 Wheel of Fortune</p>	<p>10:00 Sewing with Staff 15 11:00 R & R 11:30 Exercise w/Kayla 1:00 Afternoon Rest 2:00 Drama w/Anita – ALL 3:15 Monthly Birthday Celebration – ALL 4:15 Leisure Time 7:00 The Honeymooners</p>	<p>10:00 Baking with Staff 16 11:00 Mindful Stretching 11:15 Resident Council – L 11:30 Taste What you Baked 1:00 Afternoon Rest 2:00 Bingo 3:15 Nail Care 4:15 Happy Hour 7:00 Broadway Shows</p>	<p>10:00 Current Events 17 10:45 Chair Stretching 11:30 Morning Reflections 1:00 Afternoon Rest 2:00 Brain Teaser 3:15 Music w/Ken – ALL 4:15 Word Search 7:00 Movie Night</p>	<p>10:00 Exercise 18 10:30 Daily Chronicles 11:30 Fluff and Fold 1:00 Afternoon Rest 2:00 Snacks and Chat 3:15 Leisure Time 4:15 Fill in the Blank 7:00 Story Time</p>
<p>10:00 Exercise 19 10:30 Hymn Sing/Reading 11:30 Daily Chronicles 1:00 Afternoon Rest 2:00 Snacks and Chat 3:15 Leisure Time 4:15 Adult Coloring 7:00 Nail Care</p> <p style="text-align: center;"><small>Activity Professionals Week</small></p>	<p>10:00 Craft with Staff 20 11:00 R & R 11:30 Exercise w/Bob 1:00 Afternoon Rest 2:00 Scenic Ride 3:15 Word in a Word 4:15 Watering Flowers 7:00 Nature Video</p> <p style="text-align: center;"><small>Martin Luther King Jr. Day</small></p>	<p>10:00 Morning Walk/Stretch 21 10:30 Healthy Habits 11:00 R & R 11:30 Sorting Jewelry 1:45 Music w/Laura 3:15 Travelogue to The Forbidden City 4:15 Find it on the Map 7:00 Family Feud</p>	<p>10:00 Sewing with Staff 22 11:00 R & R 11:30 Exercise w/Kayla 1:00 Afternoon Rest 2:00 Sing Along 3:15 IN2L/Short Stories 4:15 Musings 7:00 Carol Burnett Show</p>	<p>10:00 Baking with Staff 23 11:00 Mindful Stretching 11:30 Taste What you Baked 1:00 Afternoon Rest 2:00 Bingo 3:15 Nail Care 4:15 Happy Hour 7:00 Broadway Shows</p>	<p>10:00 Current Events 24 10:45 Chair Stretching 11:30 Morning Reflections 1:00 Afternoon Rest 2:00 Past Times 3:15 Music w/Melissa – ALL 4:15 You Be the Judge 7:00 Movie Night</p>	<p>10:00 Exercise 25 10:30 Daily Chronicles 11:30 Sorting Cards 1:00 Afternoon Rest 2:00 Music w/Kelly 3:15 Leisure Time 4:15 Fill in the Blank 7:00 Story Time</p>
<p>10:00 Exercise 26 10:30 Hymn Sing/Reading 11:30 Daily Chronicles 1:00 Afternoon Rest 2:00 Snacks and Chat 3:00 Cellist w/JP Malan – ALL 4:15 Adult Coloring 7:00 Nail Care</p> <p style="text-align: center;"><small>Australia Day (Observed)</small></p>	<p>10:00 Art with Staff 27 11:00 R & R 11:30 Exercise w/Bob 1:00 Afternoon Rest 2:00 Scenic Ride 3:15 Concentration Animal Puzzle 4:15 Watering Flowers 7:00 Nature Video</p>	<p>10:00 Daily Walk/Stretch 28 10:30 Bowling 11:00 R & R 11:30 Fluff and Fold 2:00 Music w/Dave 3:15 Travelogue to China 4:15 Find it on the Map 7:00 Wheel of Fortune</p>	<p>10:00 Sewing with Staff 29 11:00 R & R 11:30 Exercise w/Kayla 1:00 Afternoon Rest 2:00 Healthy Habits 3:15 IN2L/Match the Objects 4:15 Past Times 7:00 I Married Joan Show</p> <p style="text-align: center;"><small>Chinese New Year (Year of the Snake)</small></p>	<p>10:00 Baking with Staff 30 11:00 Mindful Stretching 11:30 Taste What you Baked 1:00 Afternoon Rest 2:00 Bingo 3:15 Nail Care 4:15 Happy Hour 7:00 Broadway Shows</p>	<p>10:00 Current Events 31 10:45 Chair Stretching 11:30 Morning Reflections 1:00 Afternoon Rest 2:00 Sort This or That 3:15 Music w/Julie – ALL 4:15 Word in a Word 7:00 Movie Night</p>	<p style="text-align: center;">Abbreviations A – Activity Room ALL – Assisted Living Lounge L – Lounge GES – Gym Exercise Room HWR – Homewood Room AUD – Auditorium MR – Movie Room</p>

This Calendar is subject to change upon resident's preferences.

Wed. – Spa Day 10:00 a.m.

Swimming is offered W – F at 2:00 p.m.

