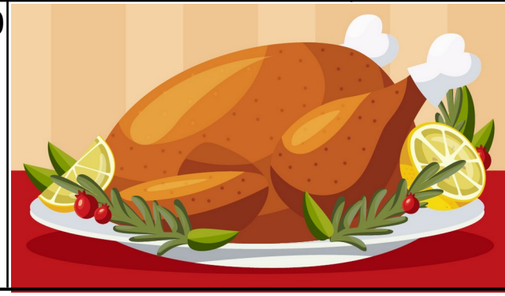
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:00 Hymn Sing – L 10:15 Spiritual Reading – L 11:00 Refreshments – L 11:30 Exercise – ALL 2:00 Word Games – L 3:15 History of Daylight Savings – L 4:15 Leaf Collecting Daylight Saving Time Ends	**2** 10:35 Seated Strong & Fit – GES 11:30 Exercise – ALL 2:00 Scenic Ride 3:15 Documentary Leonardo Davinci – L 4:15 Rummikub – ALA 6:30 Table Talk – GR	**3** 10:35 Chair Yoga & Stretch – GES 11:00 Dog Play – ALL 11:30 Exercise w/ Drew – ALL 2:00 Catholic Mass – MT 3:15 Ready for Takeoff: Paper Airplanes – L 4:15 Bowling Tournament – ALL 6:30 BINGO – A	**4** 10:35 Feeling Fit – GES 11:30 Exercise – ALL 2:00 Paint by Numbers – ALA 3:15 Rummikub for Beginners – L 4:15 Balloon Blast – ALA 5:30 Piano w/ Neil – ALL 6:30 Jeopardy – ALA	**5** 10:35 Chair Yoga & Stretch – GES 11:30 Mindful Stretching w/ Robin – ALL 2:00 BINGO – GR 3:15 Happy Hour – GR 4:15 Nail Care – GR 6:30 Puzzle Time – ALA	**6** 10:35 SEAT – GES 11:30 Exercise w/ Vanessa – ALL 2:00 Nacho Day – ALL 3:15 Music w/ Bob Clark – ALL 4:15 Balloon Volley – ALL 6:30 Watch & Discuss: When Harry Met Sally – GR	**7** 10:00 November Birthdays – L 11:00 Refreshments – L 11:30 Exercise – ALL 2:00 Tongue Twisters – L 3:15 Making Wreaths – L 4:15 Crossword Puzzles – L
8 10:00 Hymn Sing – L 10:15 Spiritual Reading – L 11:00 Refreshments – L 11:30 Exercise – ALL 2:00 One to Ones 3:15 Margaret Mitchell Facts – L 4:15 Movie: Casablanca– GR Diwali (Hindi)	**9** 10:35 Seated Strong & Fit – GES 11:30 Exercise – ALL 2:00 Scenic Ride 2:00 Music w/ Josh – MC 3:15 Michaelangelo The Genius – L 4:15 Rummikub – ALA 6:30 Table Talk – GR	**10** 10:15 Celebrate Memory Care Staff – MC 10:35 Chair Yoga & Stretch – GES 11:00 Dog Play – ALL 11:30 Exercise w/ Drew – ALL 2:00 Gratitude Tree – ALL 3:15 Beanbag Toss Tournament -- ALL 4:15 The Edmund Fitzgerald – ALA 6:30 BINGO – A	**11** 10:35 Feeling Fit – GES 11:30 Exercise – ALL 12:00 Church of the Redeemer – L 2:00 Honoring Veterans– ALL 3:15 Vintage Entertainment – ALL 4:15 Word Search – L 5:30 Piano w/ Neil – ALL 6:30 Poppy Pins Craft – ALA Veterans Day Remembrance Day (Canada)	**12** 10:35 Chair Yoga & Stretch – GES 11:30 Mindful Stretching w/ Robin – ALL 2:00 BINGO – GR 3:15 Happy Hour – GR 4:15 Nail Care – GR 6:30 Fireside Story – ALL	**13** 10:35 SEAT – GES 11:30 Exercise w/ Vanessa – ALL 2:00 Popcorn & Games – ALL 3:15 Music w/ Smooth Groove -- ALL 4:15 Spintopia – L 6:30 Mindfulness Exercises – ALL	**14** 10:00 Trivia – L 11:00 Refreshments – L 11:30 Exercise – ALL 2:00 Art w/ David – L 3:15 Fall Stroll 4:15 Who, What, & Where -- L
15 10:00 Hymn Sing – L 10:15 Spiritual Reading – L 11:00 Refreshments – L 11:30 Exercise – ALL 2:00 One to One 3:15 Mason Jar Crafts – L 4:15 Thanksgiving Reminiscing – L	**16** 10:35 Seated Strong & Fit – GES 11:30 Exercise – ALL 2:00 Scenic Ride 3:15 The San Francisco Chronicle – L 4:15 Rummikub – ALA 5:30 Dine & Jam – ALL 6:30 Table Talk – GR	**17** 10:35 Chair Yoga & Stretch – GES 11:00 Dog Play – ALL 11:30 Exercise – ALL 2:00 Family Feud – L 3:15 Laura the Harpist – ALL 4:15 Cookie Decorating – ALA 6:30 BINGO – A	**18** 10:35 Feeling Fit – GES 11:30 Exercise – ALL 12:00 Friendly Farms Outing 2:00 Drama w/ Anita – ALL 3:15 Rummikub for Beginners – L 4:15 American Before Pilgrims -- ALA 5:30 Piano w/ Neil – ALL 6:30 Charades – ALL	**19** 10:35 Chair Yoga & Stretch – GES 11:30 Exercise – ALL 2:00 BINGO – GR 3:15 Happy Hour/ Birthday Celebration– GR 4:15 Nail Care – GR 6:30 Puzzle Time – ALA	**20** 10:35 SEAT – GES 11:30 Exercise – ALL 2:00 Old Testament Bible Study – L 3:15 Music w/ Suzette – ALL 4:15 Jeopardy – ALA 6:30 Watch & Discuss: Planes, Trains, and Automobiles -- GR	**21** 10:00 Humor Hour – L 11:00 Refreshments – L 11:30 Exercise – ALL 2:00 Gingerbread Cupcakes – A 3:15 John Oliver – ALL 4:15 Afternoon Stroll
22 10:00 Hymn Sing – L 10:15 Spiritual Reading – L 11:00 Refreshments – L 11:30 Exercise – ALL 2:00 JFK Facts – L 3:15 Crafty Hour – L 4:15 IN2L Travelogue – L	**23** 10:35 Seated Strong & Fit – GES 11:30 Exercise – ALL 2:00 Scenic Ride 3:15 Horse Racing – ALL 4:15 Rummikub – ALA 6:30 Table Talk – GR	**24** 10:35 Chair Yoga & Stretch – GES 11:00 Dog Play – ALL 11:30 Exercise w/ Drew – ALL 2:00 Family Feud – ALL 3:15 The World's Greatest Paintings – L 4:15 Wonders of Scotland – L 6:30 BINGO – A	**25** 10:35 Feeling Fit – GES 11:30 Exercise – ALL 2:00 Gratitude Circle – ALL 2:00 Resident Council – L 3:15 Holiday Social – GR 4:15 Beanbag Toss – L 5:30 Piano w/ Neil – ALL 6:30 Fireside Story – ALL	**26** 10:35 Chair Yoga & Stretch – GES 11:30 Exercise – ALL 12:30 Thanksgiving Dinner 1:00 Movie of Choice – GR Thanksgiving Day (U.S)	**27** 10:35 SEAT – GES 11:30 Exercise w/ Vanessa – ALL 2:00 Popcorn & Games – ALL 3:15 Music w/ Meeta – L 4:15 Trivia Time – ALA 6:30 Vinyl Records -- ALA	**28** 10:00 Mystery Ride – L 11:00 Refreshments – L 11:30 Exercise – ALL 2:00 One to Ones 3:15 Apple Cider Tasting – L 4:15 BINGO – GR
29 10:00 Hymn Sing – L 10:15 Spiritual Reading – L 11:00 Refreshments – L 11:30 Exercise – ALL 2:00 Fall Tree Craft – L 3:15 I'm Thankful For – L 4:15 Family Feud – GR	**30** 10:35 Seated Strong & Fit – GES 11:30 Exercise – ALL 2:00 Scenic Ride 3:15 Cardio Drumming – ALL 4:15 Rummikub – ALA 6:30 Table Talk – GR		# November 2026 Greenwood Place	Abbreviations: A – Summit Woods Activity Room ALA – Ass. Liv. Activity Room ALL – Ass. Liv. Lounge AUD – Auditorium GES – Group Exercise Studio GR – Game Room L – Summit Woods Lounge MC – Memory Care		

Calendar is subject to change per residents' preference.

Swimming offered Mon/Wed/Fri @ 2:00pm.