

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>Abbreviations A – Activity Room ALL – Assisted Living Lounge AUD – Auditorium GC – Gazebo Courtyard HWR – Homewood Room L – Lounge MDR – Maryland Dining Room ML – Main Lobby MR – Movie Theatre Room</p>	<p>11:00 Current Events 1 11:30 Exercise with Julie 2:00 Scenic Ride 2:00 May Day History 3:15 Empire State Building History 4:00 Art Reception –2nd Floor 4:15 Walk & Talk Amtrak 7:30 Movie: Everything, Everywhere – MR</p>	<p>9:30 Book Mobile – Curb 2 11:00 World Asthma Day 11:30 Exercise with Bob 2:00 Catholic Mass – HWR 3:15 Spelling Bee 4:15 Travelogue</p>	<p>10:00 – 12:00 Golf 3 Cart Rides 10:00 – 3:00 McLaughlin Clothing Show – HWR 2:00 Nail Care 3:15 Garden Meditation Day 4:15 Cards: War 8:00 Enrichment Tour of Columbia S. Amer –AUD</p>	<p>11:00 Word Search 4 11:30 Exercise with Kayla 2:00 Kentucky Derby Trivia 2:00 BSO Sessions: Jazz Age: Harlem Renaissance – MR 3:15 Courtyard Checkers 4:15 Star Wars Day (May the 4th be with you)</p>	<p>11:00 Tavis Time 5 11:30 Exercise with Julie 2:00 History of Cinco de Mayo 3:15 Entertainment with Rayon Walker – ALL 4:15 Words in a Word 5:00 – 7:00 Cinco de Mayo Buffet – AUD <small>Cinco de Mayo</small></p>	<p>2:00 Exercise – L 6 3:15 Word in a Word – L 4:30 One to Ones 5:00 Kentucky Derby Broadcast – L Time Change in May</p>	
<p>2:00 Exercise – L 7 3:15 Spiritual Readings Hymn Sing – L 4:30 One to Ones Time Change in May</p>	<p>11:00 Current Events 8 11:30 Exercise with Julie 2:00 Scenic Ride 3:15 Armed Forces Puzzles 4:15 Art: Gift Bow Creation 7:30 Movie: The Whale – MR</p>	<p>11:00 Thank A Nurse Week 9 11:30 Exercise with Bob 2:00 Junk Drawer Detective 3:15 Courtyard Plant Identification 4:15 Travelogue</p>	<p>10:00 – 12:00 Golf 10 Cart Rides 12:00 Church of the Redeemer – L 2:00 Nail Care 3:15 Mother's Day History 4:00 Home School Harmonizers–AUD 4:15 Cards: Canasta</p>	<p>11:00 Eat What You Want Day 11 11:30 Exercise with Kayla 2:00 Mother's Day Hat Decorating 3:15 Black Eyed Susan Walk - Courtyard 4:15 Fashion for Horse Races</p>	<p>11:00 Tavis Time 12 11:30 Exercise with Julie 2:15 Flower Bouquet Arranging 3:15 Entertainment with Smooth Groove / Tea Party– ALL 4:15 Shuffleboard</p>	<p>2:00 Exercise – L 13 3:15 Baggo – L 4:30 One to Ones 7:30 Bingo -- AUD Time Change in May</p>	
<p>2:00 Exercise – L 14 3:15 Spiritual Readings Hymn Sing – L 4:30 One to Ones Time Change in May <small>Mother's Day National Skilled Nursing Week</small></p>	<p>10:45 Current Events 15 11:15 Great Inventions – ALL 12:00 NIFS Women's Health Lunch & Learn – RO 2:00 Armed Forces History 2:00 Scenic Ride 3:15 Baking With Julie 4:15 Walk It Off 7:30 Movie: Aftersun – MR</p>	<p>11:00 Biographers Day 16 11:30 Exercise with Bob 2:00 Off to the Races In May Puzzles 3:15 Armed Forces Word Search 4:15 Travelogue</p>	<p>10:00 – 12:00 Golf 17 Cart Rides 2:00 Nail Care 3:15 Preakness Horse Racing Game – ALL 4:15 Cards: Crazy 8's</p>	<p>10:45 Humor:Talk Derby To Me 18 11:15 Laura- Harpist – ALL 11:30 Exercise with Kayla 12:00 Pimlico Trip (sign up) 2:00 Horse Racing Trivia 2:00 BSO Sessions: Uptown Nights – MR 4:15 Bingo</p>	<p>10:45 Tavis Time 19 11:15 Resident Council – L 2:00 Preakness History 3:15 Entertainment with Melissa – ALL 4:15 Baggo</p>	<p>2:00 Exercise – L 20 3:15 Names the Same – L 4:30 One to Ones 6:00 Preakness Broadcast– L Time Change in May <small>Armed Forces Day</small></p>	
<p>2:00 Exercise – L 21 3:15 Spiritual Readings Hymn Sing – L 4:30 One to Ones Time Change in May</p>	<p>11:00 Current Events 22 11:30 Exercise with Julie 2:00 Shavuot Program with Rabbi – AUD 2:00 Scenic Ride 2:00 Dance to Swing Music & History 3:15 Tap Dance In America 4:15 Travelogue 7:30 Movie: Living – MR</p>	<p>10:45 World Turtle Day 23 11:15 Drama with Anita – ALL 11:30 Exercise with Bob 2:00 Art: Poppy Making 3:15 Indianapolis Motor Speedway Museum 4:15 Toy Car Month</p>	<p>10:00 – 12:00 Golf 24 Cart Rides 2:00 Nail Care 3:15 Cards: Rummy in the Courtyard 4:15 You Be The Judge 8:00 Blakehurst Chorus Spring Concert -- AUD</p>	<p>11:00 Eat More Fruits & Vegetables 25 11:30 Exercise with Kayla 2:00 Residents' Association Meeting – AUD 2:00 Rummikub 3:15 Poppy Field Collage for Memorial Day 4:15 Bowling <small>Shavuot Begins</small></p>	<p>11:00 Tavis Time 26 11:30 Exercise with Julie 2:00 Memorial Day Reflections 3:15 Indianapolis 500 Facts & Courtyard Walk 4:15 Heat Safety Awareness Day Demo</p>	<p>2:00 Exercise – L 27 3:15 Shuffleboard – L 4:30 One to Ones 7:30 Bingo -- AUD Time Change in May</p>	
<p>2:00 Exercise – L 28 3:15 Spiritual Readings Hymn Sing – L 4:30 One to Ones Time Change in May</p>	<p>10:00 Exercise – L 29 10:30 Daily Chronicle – L 11:15 Memorial Day Memories – L 12:00 – 2:00 Memorial Day Cookout – GC 2:00 Movie of Choice – L</p>	<p>11:00 World Multiple Sclerosis Day 30 11:30 Exercise with Bob 2:00 Horse Racing Art 3:15 Travelogue 4:15 National Mint Julep Day 8:00 Enrichment: Pianist Fred Moyer – AUD</p>	<p>10:00 – 12:00 Golf 31 Cart Rides 2:00 Nail Care 3:15 National Senior Health and Fitness Day Walk 4:15 Bananagrams</p>	 <p>May 2023 Assisted Living</p>			

Calendar is subject to change based on residents' preferences.

Pet visits throughout the week.

Swimming offered M-W-F at 2pm.