DAY 1	DAY 2	DAY 3	DAY 4	DAY 5	DAY 6	DAY 7
APPETIZERS	APPETIZERS	APPETIZERS	APPETIZERS	APPETIZERS	APPETIZERS	APPETIZERS
French Onion Soup	Mediterranean Turkey Soup	Zuppa Toscana Soup	Maryland Vegetable Crab Soup	Gazpacho	Cream of Chicken & Rice Soup	Shrimp Bisque
Spinach Salad w/ Strawberry,	Peach Half w/ Cottage Cheese	(Italian Sausage, Kale, Garlic, Potatoes, Cream)	Greek Salad	Deviled Eggs	Bruschetta w/ Fresh Tomato	Waldorf Salad
Bleu Cheese-Balsamic Vinaigrette	reactiviali w/ Collage Cheese	Seafood Ceviche	Greek Salad	Deviled Lygs	Diuschetta W/T Testi Tolliato	Waldon Salad
ENTREES	ENTREES	ENTREES	ENTREES	ENTREES	ENTREES	ENTREES
Roast Turkey w/ Cranberry	Grilled New York Strip Steak	Fresh Catch	Salt & Pepper Crusted Beef	Parmesan Crusted Rainbow Trout	Double Bone Lamb Chop	Flatbread w/ Mozzarella, Italian
Sauce, Sauerkraut	w/ Bleu Cheese Butter		Brisket - Horseradish Cream			Sausage, Peppers & Onions
& Stuffing Blackened Catfish w/ Mango Salsa	Chicken Marsala	Herb Pork Tenderloin Medallions w/ Creamy Dijon Sauce	Roasted Lemon Chicken	Veal Blanquette	Chef's Choice	Salmon Cake w/ White Sauce
Tabouleh	Tofu Chili	Vegetable Lasagna	Quiche w/ Spinach, Tomato,Onion	Stuffed Zucchini	Pasta w/ Lentils,Spinach, Mushrooms	Southwest Salad
ACCOMPANIMENTS	ACCOMPANIMENTS	ACCOMPANIMENTS	ACCOMPANIMENTS	ACCOMPANIMENTS	ACCOMPANIMENTS	ACCOMPANIMENTS
Mashed Potatoes Yellow Squash	Au Gratin Potatoes Dill Carrots	Israeli Couscous w/ Tumeric & Raisins Green Beans	Wild Rice w/ Cranberries Braised Collard Greens	Herb Roasted Red Potatoes Honey & Cider Brussel Sprouts	Spinach & Parmesan Risotto Roasted Cherry Tomatoes	Quinoa Pilaf
Fresh Spinach	Broccolini w/ Garlic & EVOO	Buttered Lima Beans	Cauliflower	,	Grilled Zucchini	Haricots Verts
Items with GREEN background are Gluten Fre	ee DAY 0	DAVAO	DAY 44	DAVAO	DAYAO	DAVAA
DAY 8	DAY 9	DAY 10	DAY 11	DAY 12	DAY 13	DAY 14
APPETIZERS Chilled Pesto - Cucumber Soup	APPETIZERS Navy Bean Soup	APPETIZERS Cream of Crab Soup	APPETIZERS Vegetable Lentil Soup	APPETIZERS Egg Drop Soup	APPETIZERS San Marzano Tomato	APPETIZERS Lemon - Chicken Orzo Soup
Crab Toast Florentine	Marinated Artichoke Salad	Arugula w/ Goat Cheese Salad	Baby Mozzarella, Heirloom Grape Tomatoes, Basil & EVOO	Egg Roll	w/ Fresh Tarragon Soup Lettuce Wedge with Green Goddess Dressing	Spanakopita
ENTREES Roast Pork w/ Sauerkraut	ENTREES Burrata Ravioli with San	ENTREES Roast Tenderloin of Beef	ENTREES Scallops Waldorf Style	ENTREES Orange Chicken over Rice	ENTREES Fresh Catch	ENTREES Spaghetti Bolognese w/
	Marzano Plum Tomato Sauce	w/ Bearnaise Sauce	•			Garlic Bread
Veal Parmesan over Pasta	Bacon-Wrapped Chicken Florentine	Fried Shrimp	Cognac Pheasant Sausage w/ Caramelized Red Onion	Shrimp Pad Thai	Beef Stew	Cod w/ Champagne Beurre Blanc Sauce
Quinoa Bowl	Portobello Mushroom Melt	Vegetable Sub	Baby Arugula Salad	Vegetable Pad Thai	Grilled Cheese	Greek Salad
ACCOMPANIMENTS	ACCOMPANIMENTS	ACCOMPANIMENTS	ACCOMPANIMENTS	ACCOMPANIMENTS	ACCOMPANIMENTS	ACCOMPANIMENTS
Barley Compote	Roasted Yukon Potatoes	our Cream-Chive Whipped Potatoes	Russet Potato Medallions	White Rice	Candied Yams	Couscous w/ Peas & Dill
Orange Glazed Beets Broccoli	Succotash Kale	Creamy Carrot Puree Asparagus	Italian Spinach	Bok Choy w/ Soy, Garlic & Ginger	Glazed Pearl Onions Green Beans	Zucchini
DAY 15	DAY 16	DAY 17	DAY 18	DAY 19	DAY 20	DAY 21
APPETIZERS Seafood Chowder	APPETIZERS Chili Soup w/ Cheddar	APPETIZERS Split Pea Soup w/ Ham	APPETIZERS Chicken Noodle Soup	APPETIZERS Cream of Broccoli Soup	APPETIZERS Frosted Crab Soup	APPETIZERS Black Bean Soup
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Pickled Beets	Avocado, Tomato & Basil with EVOO	Caesar Salad	Pot Stickers w/ Soy Glaze	Tomato Aspic w/ Dill Mayo	Brie, Apple & Caramel	Mediterranean Baby Kale Salad ~ Greek Dressing
ENTREES	ENTREES	ENTREES	ENTREES	ENTREES	ENTREES	ENTREES
Sour Beef & Dumplings	Grilled Shrimp w/ Corn Relish	Veal & Beef Meatloaf with Mushroom Sauce	Sesame Crusted Ahi Tuna Bowl	Flank Steak w/ Caramelized Onion	Fresh Catch	Shrimp Salad Platter
Honey Glazed Spiral Ham	Gnocchi w/ Lamb, San Marzano Tomatoes & Rosemary	Maryland Fried Chicken	Roast Pork Tenderloin with Cranberry Chutney	Rotisserie Chicken	Frogs Legs Provencal	Chicken Cacciatore w/ Pasta
Mushroom & Spinach Risotto w/ Truffle Oil	Flatbread Caprese	Medietarrean Orzo	Vegetarian Tofu Bowl	Chilled Asian Pasta Salad	Salad Nicoise	Vegetable Quesadilla
ACCOMPANIMENTS Whipped Potatoes w/ Gravy	ACCOMPANIMENTS Herb Orzo Pilaf	ACCOMPANIMENTS Mashed Sweet Potatoes	ACCOMPANIMENTS Jasmine Rice	ACCOMPANIMENTS Parslied Potatoes	ACCOMPANIMENTS Scalloped Potatoes	ACCOMPANIMENTS Brown Rice Pilaf
Braised Red Cabbage	Lima Beans	Stewed Tomatoes	Roasted Butternut Squash	Glazed Beets	Cauliflower	Buttered Corn
Peas & Pearl Onions	Fresh Carrots	Broccoli	Braised Kale	Grilled Asparagus	Creamed Spinach	Green Beans
Items with GREEN background are Gluten Fre	DAY 23	DAY 24	DAY 25	DAY 26	DAY 27	DAY 28
APPETIZERS	APPETIZERS	APPETIZERS	APPETIZERS	APPETIZERS	APPETIZERS	APPETIZERS
Seafood Gumbo	Curry Legume Soup	Wild Mushroom Bisque	Strawberry Champagne Soup	Bloody Mary Soup	Creamy Chicken & Gnocchi Soup	Chilled Zucchini Soup
Red Bliss Potato & Egg Salad	(vegan) Mesclun Salad with Sesame Ginger Vinaig.	Oysters Louis	Petite Cobb Salad w/ Ranch	Marinated Cucumbers, Tomatoes and Onions	Artichoke, Spinach & Cheese Crostini	Chicken Liver Pate
ENTREES BBQ Ribs	ENTREES Poached Salmon w/ Avocado Salsa	ENTREES Beef Bourguignon w/ Egg Noodles	ENTREES Seafood Newburg Side of Rice	ENTREES BBQ Chicken Flatbread	ENTREES Fresh Catch	ENTREES Sweet & Sour Chicken
Shrimp & Grits	Spaghetti Carbonara with Bacon & Peas	Duck Breast w/ Dried Currant Demi Glace	Cornish Hen w/Apple Stuffing	Herb Boneless Pork Chop with Dried Fruit Chutney	rime Rib Au Jus *Dining Room Only Roast Strip Loin *Take Out Only	Asian Crab Salad w/ Asian Vin. (Available w/o Crab upon request)
Bulgar Wheat Salad w/ Mix Greens	ggplant Campanada w/ Crostin	Avocado Toast ~ Olive Bread	Vegetable Brochette	Spinach, Feta & Dill - Crispy Phyllo	Egg Salad Platter	Porcini Mushroom Ravioli w/ Thyme Brown Butter
ACCOMPANIMENTS Macaroni & Cheese	ACCOMPANIMENTS Yukon Whipped Potatoes	ACCOMPANIMENTS Egg Noodles	ACCOMPANIMENTS Roasted Fingerling Potatoes Asparagus	ACCOMPANIMENTS Mashed Sweet Potatoes Stewed Tomatoes	ACCOMPANIMENTS Italian Style Potatoes Broccoli-Cauliflower Medley	ACCOMPANIMENTS Toasted Coconut Basmati Rice W/ Raisins
Southern Greens	Squash Medley	Italian Spinach	Asparagus	Green Beans	Broccoll-Caulillower Mediey	W/ Raisins Roasted Root Vegetables
Menu Items Listed Below Are Available for Take Out Orders - Additional Items May be Available in the Dining Room APPETIZERS JUJICES ENTREES ENTREE SALADS ACCOMPANIMENTS DESSERTS						

JUICES Cranberry Apple Orange Tomato V8 APPETIZERS Vegetable Miniestrone Cramberry Apple Orange
Tossed Salad
Iceberg Wedge
Fresh Fruit
***Menu items subject to change due to availability & quality of product.
***FOR LOWER SODIUM DIETS, AVOID THE MENU ITEMS IN RED. ORDER FILET OR SALMON PLAIN

ENTREES
Filet Mignon
Grilled Salmon
Marinated Chicken Breast Grilled Hot Dog on Bun w/ Baked Beans (available for take out only)

ENTRÉE SALADS Chicken Salad Platter ACCOMPANIMENTS

Raked Rotate Brutus Salad: Romaine, Grilled Shrimp. Honey Crisp Apples, Pecans, Tomato,

DESSERTS DESSERTS
Special Dessert of the Day
Fresh Fruit
SF Fruit Pie SF Gelatin
Ice Cream of the Day
Vanilla or Chocolate Ice Cream
Yogurt of the Day Vanilla Yogurt

TAKE OUT ORDERING & DINING RESERVATION INFORMATION

Items with GRAY background are Gluten Free

Take Out Lunch Orders & Lunch Reservations: Call 410-427-1968 between 10:00 a.m. & 11:00 a.m. OR use Online Reservations through the Blakehurst App
Take Out Dinner Orders: Fill out forms at kiosks by noon or call 410-427-1968 between 10:00 a.m. & 1:00 p.m. Take Out Dinners will be ready for pick up on your floor between 4:30 & 5:30. Dinner Reservations Required for Chesapeake Room: Call 410-427-1968 between 10:00 a.m. & 1:00 p.m. OR use Online Reservations through the Blakehurst App Voicemail is activated between the hours of 10:00 a.m. and 1:00 p.m. only.